



YELLOW RIBBON INT'L SUICIDE PREVENTION PROGRAM®

A comprehensive community-based Suicide Prevention Program.

(Yellow for awareness and prevention, Heart for survivors of a loss by suicide)

Yellow Ribbon is a community-based program using a universal public health approach. This program empowers and educates professionals, adults and youth.

- **State Plan Development / Consulting; Coalition Building**
- **Motivational Presentations; Communities, Churches, Conferences (Adult and Youth)**
- **Community Development; Community capacity building - prevention and postvention**
- **Staff Development; Be-A-Link!® Suicide Prevention Gatekeeper Training for Adults**
- **Parent and Community Seminars and Workshops; creating unity in prevention efforts**
- **Youth Education Program; Ask4Help!® Lifeskills Training, teaching help-seeking behavior**
- **Support for Survivors and Guiding Survivors-in-Action**

■ **Awareness** ■ **Collaboration** ■ **Education** ■ **Postvention** ■ **Prevention**

■ **RESPECT** ■ **HONOR** ■ **EMPOWERMENT** ■ **LOVE**

The Yellow Ribbon Card (Suicide Prevention) has no expiration date"- Stan Collins, President, Yellow Ribbon International Youth Council. When testifying before U.S. Senate sub-committee hearing

Locally, the Yellow Ribbon Suicide Prevention Plan is sponsored by the Suicide Prevention Council of St. Joseph County and Surrounding Areas. Yellow Ribbon Suicide Prevention presentations are conducted yearly in local high schools or universities in assembly or classroom format. The yellow ribbon trainer, along with parents who have survived the loss of a child through suicide impress upon the students the message that "It is OK to ask for help!" Facts, warning signs, and risk factors are discussed, along with what to do and what not to do when there is a crisis. Along with these tools, the students learn how to use the Yellow Ribbon card as the person in crisis, as well as the receiver of the card from a person in crisis.

Yellow Ribbon also provides training for school staff, parents, peers, elders and anyone in the community.

For more information on Yellow Ribbon visit www.yellowribbon.org Local training questions can be directed to Laura Medow at 574-220-6381.



THIS RIBBON IS A LIFELINE!®

It carries the message that there are those who care and will help! If you are in need and don't know how to ask for help, take this card to a counselor, teacher, clergy, doctor, parent or friend and say:

"I NEED TO USE MY YELLOW RIBBON"

The Yellow Ribbon Program is in loving memory of Michael Emme

BE-A-LINK® – SAVE A LIFE!

If you have received this Card, it is a Cry for Help:

- Stay with the person - you are their *lifeline!*
- Listen, really listen. Take them seriously!
- Get, or call, help immediately!

It's OK to Ask 4 Help!®

(USA) 1-800-SUICIDE (1-800-784-2433) (USA) 1-800-273-TALK (1-800-273-8255)

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