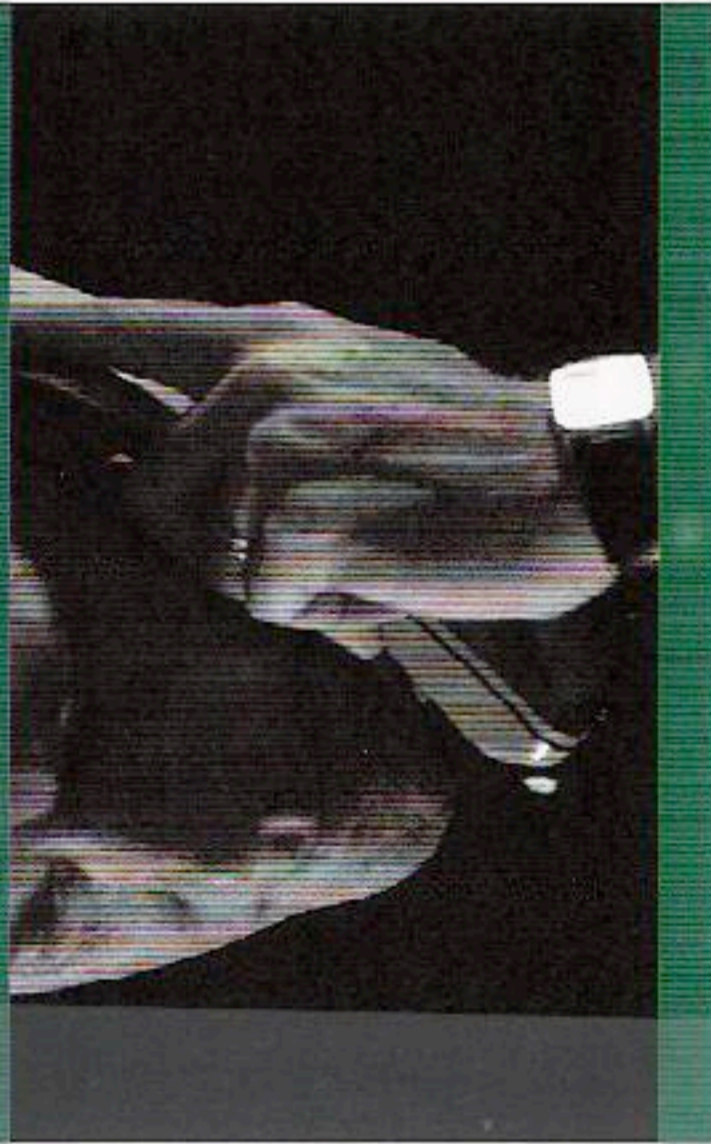


SURVIVING AFTER SUICIDE: RESOURCES



- American Association of Suicidology (<http://www.suicidology.org/>). (AAS) is dedicated to the understanding and prevention of suicide. The focus of the Survivors Division is to understand the issues of survivors of suicide and incorporate them into suicide prevention efforts. Resources on the AAS website include SOS: A Handbook for Survivors of Suicide (see Online Publications, below), articles from the Surviving Suicide newsletter, fact sheets, and personal stories.
- American Foundation for Suicide Prevention (AFSP) (<http://www.afsp.org/>) offers valuable information for survivors, including how to help children cope and how to find a suicide survivor support group. AFSP sponsors National Survivors of Suicide Day, the Survivor E-Network, and a survivor support group facilitator training program. AFSP also publishes an extensive bibliography, a support group directory, information about suicide and mental illness, and handbooks on surviving suicide loss.
- Suicide Prevention Action Network USA (<http://www.spanusa.org/>) is the nation's only suicide prevention organization dedicated to leveraging grassroots support among suicide survivors (those who have lost a loved one to suicide) and others to advance public policies that help prevent suicide.
- Suicide Prevention Resource Center (<http://www.sprc.org/>) (SPRC) provides prevention support, training, and materials to strengthen suicide prevention efforts. The section of its website titled "Survivors" offers resources for survivor support, including information on how to locate support groups, resources on coping with grief, web-based support groups (including those for parents of children who died by suicide and for friends and family of people who died by suicide), training and conference opportunities, and books.
- Surviving Suicide: A Web Site for Healing After the Loss of a Loved One by Suicide (<http://www.survivingsuicide.com/#site>) is a comprehensive website created by a suicide survivor who now facilitates support groups. Resources available on this site include racing lists as well as information on coping with the loss of a loved one, reducing stress, and surviving the holidays. Valuable material for helping children cope with suicide can be found by accessing the website <http://www.survivingsuicide.com/children.htm>.

More Resources:

- American Foundation for Suicide Prevention. (n.d.). Surviving after suicide. Washington, DC: Author. Retrieved April 13, 2005, from <http://www.afsp.org/survivor/home.htm>
- Bolton, I. (n.d.). Beyond Surviving: Suggestions for Survivors. Washington, DC: American Assoc. of Suicidology. Retrieved April 13, 2005, from <http://www.suicidology.org/associations/1045//files/BeyondSurviving.pdf>
- Clark, S., & Goldney, R. (2000). The impact of suicide on relatives and friends. In K. Hawton and K. Van Heeringen (Eds.), *International handbook of suicide and attempted suicide* (pp. 467-486). Chichester, UK: John Wiley and Sons.
- Farberow, N. (2001). Helping suicide survivors. In D. Lester (Ed.), *Suicide prevention: Resources for the millennium* (pp. 189-212). Philadelphia: Brunner-Routledge.
- Flatt, L. (n.d.). Helping children grieve a suicide loss. Retrieved April 13, 2005, from <http://www.survivingsuicide.com/children.htm>
- Jobes, D., Luoma, J., Huestad, L., & Mamm, R. (2000). In the wake of suicide: Survivorship and postvention. In R.W. Maris, A. Berman, and M.M. Silverman (Eds.), *Comprehensive textbook of suicidology* (pp. 536-561). New York: Guilford Press.

Crisis and Suicide Intervention
National HOTLINE
1-800-273-TALK

Local Help: Emergency Services
(877) 234-0061 toll free
(574) 234-0061 local
(operated by Madison Center)