

# ASIST

## Applied Suicide Intervention Skills Training

Every year more people die by suicide than from all of the several armed conflicts around the world and, in many places, about the same or more than those dying in traffic accidents. For every suicide, there may be up to 100 times more who are injured by non-fatal suicidal behaviors.

In any year, as many as 6% of the population have serious thoughts of suicide.

How can further deaths and injuries be prevented?

How can we support people to choose life when something prevents them from seeing a way forward?

TRAINING can help us see and respond to these invitations to help. It can give you confidence to ask about suicide if you are concerned about someone's safety. It can provide you with the tools to help prevent the immediate risk of suicide.

**"Create a LIFE-ASSISTING  
community...  
It begins with you.  
The benefits live on."**

-Living Works, creator of ASIST

### **Certified ASIST Trainers**

**Melissa Ropp**

Master ASIST Trainer

Director Youth Development Services

Youth Service Bureau

**Steven Bright, LCSW**

Manager: Children's IOP Services

Oaklawn Psychiatric Center, Inc.

## Sponsored by:

*Suicide **Prevention** Council  
of St. Joseph County*



**Crisis and Suicide Intervention  
National HOTLINE**

**1-800-273-TALK**

## ASIST Applied Suicide Intervention Training



This two-day workshop offers individuals an opportunity to develop confidence and skills to intervene until the immediate risk of suicide has passed or until other resources can be mobilized.

**NOVEMBER 10 & 11, 2009  
8:30AM TO 4:30PM**

### ***Workshop Location:***

Saint Joseph Regional Medical Center

South Bend Campus

**Education Center**

801 East LaSalle Ave,  
South Bend, IN 46617

# ASIST Applied Suicide Intervention Skills Training

## **ASIST** *Applied Suicide Intervention Skills Training*

*Provides practical training for caregivers seeking to prevent the immediate risk of suicide.*

### **Participants include:**

- People concerned about family, friends
- Natural helpers and advisers
- Emergency service workers
- Counselors, Teachers, Ministers
- Mental health practitioners
- Workers in health, welfare or justice
- Community volunteers

### **Participants learn how to:**

- Recognize invitations for help
- Reach out and offer support
- Review the risk of suicide
- Apply a suicide intervention model
- Link people with community resources

### **Participants receive:**

- 20-page workbook
- 154-page Suicide Intervention Handbook
- Laminated pocket card featuring intervention, risk review, and safeplan development principles to keep as a refresher of workshop learning.

**Registration is limited to the first 45 people.**

### **Cost**

**\$100.00/person**  
(10% Discount on Groups of 3 or more)

\*Scholarships available for educators and EMS service providers

**Students: \$75/person**

Continental Breakfast and Lunch included both days!

**Make checks payable to:**  
UHS/Suicide Prevention Council  
**\*Credit cards accepted\***

### **Register by Mail FAX or Phone:**

United Health Services: Suicide  
Prevention Council,  
6910 N. Main St, Suite 9,  
Granger, IN 46530.

**FAX 574-247-6060**  
**Phone: 574-247-6047**



**Register Now!**

ASIST Training Date: \_\_\_\_\_

### **✂Registration Form**

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone/email: \_\_\_\_\_ / \_\_\_\_\_

Credit Card (MC or VISA)

Card# \_\_\_\_\_

Exp Date \_\_\_\_\_ V-Code \_\_\_\_\_

- Student
- Scholarship Request
- Group Rate

### **Check Certificate desired:**

- 14 Continuing Education Credits social workers, psychologist, licensed professional counselors
- Certificate of Attendance (for all other attendees)