

Suicide **Prevention** Council Meeting
MINUTES

February 15, 2006

Madison Center Room 3 North @ 12:15

Present: Kathy Krueger, Barbara Carrasco, Monica Eblen, Theresa Carrico, Laura Medow, Abbee Smith, Erica Costello, David Sick, Kevin Large, Irwin Young, Julie Helman, Julia Hess-Sherbun, Melissa Ropp, Ed Friend, Madhu Bieber, Becky Zakowski

1. Introductions

New Members:

- Kathy Krueger: Survivor. 269-445-8969 Address: 62325 Lagoon Dr, Cassopolis MI 49031. Email: kath@quantum.net
- Julia Hess-Sherbun: Survivor. 574-674-9192 Address 58697 Lake Heather Court, Osceola, IN email: sherbun@sbcglobal.net
- Irwin "Irv" Young, M. Div., Ph. D., D.D., C.B.S. Bereavement Counselor, Life Transitions Center Center for Hospice and Palliative Care and pastor New Carlisle Community Church. Address: 54437 Sagewood Drive; Mishawaka, IN 46545. Hospice office: (574)255-1064 (Ext.: 204), Cell-phone: (574)532-4000 Home: 255-1301 Church: 654-3344 email abpyoung@aol.com
- Erica Costello: Director of Adult Protective Services Address: 2614 S. Michigan St, South Bend, IN 46614. Email: ecostello@stjoepros.org

2. Minutes Approval

3. Old Business

- A. Information Binder for council members- help organizing was offered. Will present at next meeting
- B. Goal Setting- see attachment
- C. Education
 - a. ASIST – upcoming workshop discussed
- D. Awareness
 - a. Suicide Awareness Brochure- available now. See Laura to acquire
 - b. Survivor Brochure – available now. See Laura now
 - c. Website: Ken Bieber will take over maintenance
 - d. Powerpoint Awareness Presentations: Ann Thomas, Laura and Nano will convene to discuss progress

E. Community Collaboration-

- Teen Screen at Penn High school discussed,
- Yellow Ribbon: council will look into viability/ need . Bonnie Strycker and Linda Pfifer will assess information and report back to the committee.
- list of suicide /survivor counselors

F. Research and Evaluation- ED screening tool/ coding project- Lori Cox is interested in working on this

G. Governance-

- a. Committees were developed for the new projects identifies for the 2006 year. See "*Goals: 2006-2007*".

Suicide **Prevention** Council of St. Joseph County and Surrounding Areas

GOALS
2006- 2007

Community Education, Awareness and Outreach:

Project Leader(s): Bonnie Strycker, Linda Pfifer

Helpers: Julia Hess-Sherbun, Theresa Carrico, Irv Young, Becky Zakowski, Kathy Krueger

- Distribute brochures
 - determine target populations/ sites for distribution
 - make contacts and figure how to keep up
- Inform community of awareness talks
 - determine target populations/ groups to educate
 - make contacts
- School focus- utilize HealthWorks!, Youth Service Bureau and Madison Center programs/ staff currently in place?
- Research and develop a survivors network/ advocacy group in the absence of a LOSS program with the goal of connecting with new survivors within 48 hours of a death by suicide.

Live Resources

Project Leader: Barbara Carrasco

Helpers: Kevin Large, Monica Eblen

- Develop list of counselors, therapists and faith community members experienced in working with survivors and suicidal patients that can be shared with patients and other health professionals

Marketing of the Council

Project Leader(s): Ann Thomas, Laura Medow

Helpers: Julie Helman, Irv Young

- Goal is to get the word out in the community of who we are and what we provide, for community outreach
- Get information routinely in the news (paper, radio and TV) regarding suicide as a mental health issue, survivor issues, etc.

Research

Project Leader: Laura Medow

Helper: Lori Cox

- Evaluate ER Screening Tools. Evaluate ER Coding of Suicides and see if we can have our extended community collect data similarly for effective tracking of suicides in our region.