



Suicide Postvention Workshop

Death By Suicide: Healing and Surviving

A learning opportunity for professionals and survivors
featuring Dr. Frank Campbell and Author Carla Fine

Friday, November 18, 2005 * South Bend, Indiana

CEUs and ASIST training offered for Professional Development

Dr. Frank Campbell

Dr. Frank Campbell serves as Executive Director of the Baton Rouge Crisis Intervention Center, Inc. and the Crisis Center Foundation in Baton Rouge, Louisiana, United States of America. He is a past president of the American Association of Suicidology, certified in Thanatology, and has delivered over fifty national and international presentations, published articles, and is currently writing a book on metaphors for healing from sudden and traumatic loss. Frank has co-facilitated a weekly SOS group since 1986 and has participated in approximately 800 group sessions. The Active Postvention Model (LOSS Team) he developed was featured in a documentary for the Discovery Channel released worldwide in 2004.



Carla Fine

Carla Fine is the author of the widely acclaimed book *No Time to Say Goodbye: Surviving the Suicide of a Loved One* (Broadway Books/Doubleday). This international bestseller includes Carla's personal story about the suicide of her husband, a prominent New York physician who killed himself in 1989 at the age of 43. The book describes the stages of mourning surrounding the suicide of a loved one and helps survivors see that they are not alone in their confusion and grief. Carla is the author or coauthor of seven other books. She lectures extensively to suicide survivors' groups and professional organizations, and has appeared on numerous television and radio programs. Carla received her Masters of Science degree with honors from the Columbia University Graduate School of Journalism.

Applied Suicide Intervention Skills Training (ASIST)

November 16 and 17, 2005. 8:30am to 4:30pm. Limited to the first 30 registrants.

Just as "CPR" skills make physical first aid possible, training in suicide intervention develops the skills used in suicide first aid. ASIST is an intensive, interactive and practice-dominated course designated to help caregivers recognize risk and learn how to intervene to prevent the immediate risk of suicide. **ASIST is the most widely acclaimed and researched suicide intervention skills training in the world.** Emphasizing structured small-group discussions and practice, the course uses a 20-page workbook and two award-winning audiovisuals. Participants receive a 110-page Suicide Intervention Handbook and laminated pocket card featuring intervention, and risk review and safeplan development principles that serve as living refreshers of the workshop learning. **Training is intended for:** all caregivers (person in a position of trust) including professionals, paraprofessionals, lay people. Suitable for mental health professionals, nurses, physicians, teachers, counselors, youth workers, police and correctional staff, school support staff, clergy and community workers.

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GOALS OF THE WORKSHOP:

Those attending will have a better understanding of

1. The impact of sudden and traumatic loss after suicide on a community or an individual.
2. Crisis Theory and a Cognitive Behavioral model that can benefit individuals, groups, and communities.
3. How survivors of suicide are impacted and what resources are more helpful.
4. How active listening and an active postvention model (APM) can reduce the time between death and seeking help among suicide survivors.

TARGET AUDIENCE:

This is a workshop that is designed for all audiences including

- caregivers (physicians, psychologists, psychiatrists, social workers, nurses)
- first responders (EMS, police, firemen)
- survivors (persons having lost a loved one to suicide)
- educators, counselors and other school personnel
- other persons interested in this critical public health issue

AGENDA:

(see website for full presentation details)

8:15-8:45	Registration
8:45- 9:00	Welcome and Introduction of speaker(s) Speakers: <i>Frank Campbell, PhD., LCSW, CT</i> and <i>Carla Fine, Author</i>
9:00- 10:15	Sudden and Traumatic Loss After Suicide Speaker: <i>Frank Campbell, PhD., LCSW</i> <ul style="list-style-type: none">• Vulnerable psychological state of mind• Crisis Theory• Cognitive-Behavioral Model
10:15- 10:30	Break (15 minutes)
10:30- 11:30	How Suicide Impacts Those Left Behind Speaker: <i>Carla Fine- Author of "No Time to Say Goodbye", published by Doubleday</i> (book signing opportunity afterwards)
11:30- 12:30	Lunch and Book Signing (1 hour)
12:30- 1:15	The Benefits of Metaphor- Concepts of Communicating a Loss Speaker: <i>Frank Campbell, PhD., LCSW, CT</i>
1:15-1:30	Break (15 minutes)
1:30-3:00	How Sudden and Traumatic Loss after Suicide Impacts Children Silent Scream From a Fallen Father Adult Children of Suicide (ACOS) Speaker: <i>Frank Campbell, PhD., LCSW, CT</i>
3:00- 3:15	Break (15 minutes)
3:15- 4:30	Active Listening and Skills Building Practice in Postvention Speaker: <i>Frank Campbell, PhD., LCSW, CT</i>
4:30- 5:00	L.O.S.S. Program: An Active Postvention Model (APM) Speaker: <i>Frank Campbell, PhD., LCSW, CT</i>
5:00	Candle Lighting Ceremony for Survivors



Registration Form

Early Bird Registration must be Received by October 18:

**Suicide Prevention Conference c/o Summit Planners
245 West Edison Rd., Suite 210, Mishawaka, IN 46545
Fax: (574) 968-4305**

The following organizations are represented on the COUNCIL

- Community Health Enhancements
- HealthWorks! Kids' Museum
- Indiana University South Bend
- Intrigue Counseling
- Junior League of South Bend
- Juvenile Justice Center
- Madison Center
- Memorial Hospital
- PHM School Corporation
- Saint Joseph Regional Medical Center, Inc.
- Mental Health Association of Saint Joseph County
- Saint Mary's College
- School City of Mishawaka
- South Bend School Corporation
- South Bend Police Department
- The Center for Hospice & Palliative Care
- United Way of St. Joseph County
- University of Notre Dame
- YWCA St. Joseph County
- Youth Services Bureau

**Council Chair-
Laura Medow
lauramedow@earthlink.net**

www.sjcsuicideprevention.com



Payment must accompany this form. One form per person.

Conference - Friday, November 18, 2005
Early bird registrations received by October 18, 2005 - \$95 per person
Registrations received after October 18, 2005 - \$115 per person
Special Rate for Survivors - \$30 per person
 (fee includes continental breakfast, lunch and break refreshments)

ASIST Pre-Conference Workshop, November 16 & 17, 2005 - \$100 per person
 (ASIST Workshop Limited to first 30 applicants)

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Day Phone: (____) _____ **Fax:** (____) _____

Email: _____

Professional Designation: _____

Continuing Education Credits Request:

- Physician Law Enforcement Social Worker Counselor
- Psychologists Physician Assistants Nursing EMS

Lunch choice: Turkey Sub Grilled Marinated Vegetables Ham & Cheese Hoagie

- I wish to be recognized as a survivor - one who has lost a loved one to suicide
- I want to be registered in the Wednesday/Thursday ASIST session - \$100
- I would like to have a vendor table - \$50

PAYMENT: Please make checks payable to UHS/Suicide Prevention Conference.
 Below, write registration amount enclosed with check or amount to be charged on credit card.

Early Bird Registration (received by October 18)	\$95	\$ _____
Registration (received after October 18)	\$115	\$ _____
Special Survivor Rate	\$30	\$ _____
ASIST Registration, limited to first 30 participants	\$100	\$ _____
No Time to Say Good-Bye book prepurchase	\$12	\$ _____
Vendor Table	\$50	\$ _____
TOTAL Amount Enclosed		\$ _____

Form of payment:

____ Check (Check # _____) Credit Card: ____ Visa ____ MasterCard

Credit Card Number _____ Exp Date: _____

Signature: _____ Print Name _____

V Code (last 3 digits of number on back of card on signature line) _____

Registration questions contact Summit Planners at (574) 968-4301.
 Questions regarding the conference contact John McIntosh Ph.D. (574) 237-4343.



SUICIDE PREVENTION COUNCIL
of St. Joseph County and Surrounding Areas

At United Health Services
711 East Colfax Avenue
South Bend, IN 46617

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**“No Time to Say Goodbye:
Surviving the Suicide of a Loved One”**

Drawing on her own ordeal following the suicide of her husband a prominent doctor, as well as the experiences of other survivors and the knowledge of professionals, Carla Fine offers guidance through the various stages of the process of grieving and reconciliation.

***Special Book Signing at the
Conference***



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